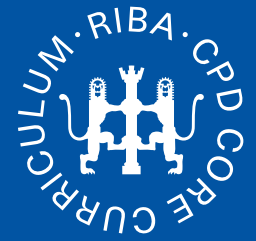


AN INTRODUCTION TO WORKPLACE ERGONOMICS



Colebrook Bosson Saunders design and manufacture innovative and elegant solutions that create space and comfort for people in a wide range of workplaces. Through extensive expertise in ergonomics CBS create adjustable workspaces that give people an environment designed around them.



Objective:

This seminar aims to assist you in the design of healthy, comfortable workspaces by giving you an insight into the key parameters to achieve, as far as practical, an ergonomically correct workstation, as well as discussing the motivational factors driving ergonomic intervention.



Seminar Structure:

- Introduction to workplace ergonomics;
- Identification of potential health problems and typical causes associated with the use of technology in the workplace;
- Analysis of relevant commercial impacts;
- Discussion on legislative requirements; and
- Step-by-step guidelines for an ergonomic workstation set up, including chair, desk, keyboard & mouse, visual display, and laptop.

Duration:

1 hour

Materials provided:

Seminar handout and company catalogue

Areas covered:

- Scotland
- Northern Ireland
- Southern Ireland
- Wales
- Northern England
- Midlands
- London & South East
- South West England

- Europe
- Middle East

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